

Healing Soup

Restorative Retreats at The Guest House

Four Gates to the Garden of Eden

Tradition-keeper..... Mystic..... Soulfriend.... Change Agent

@Healingsoup.com

Rockland, in Midcoast Maine

Tuesday, February 14th from 9 am to 7 pm

With Rev. Joan Smith, spiritual director, pastor, retreat leader

Recognize the sacred spaces, symbols, rituals and practices that anchor and enhance your desire for a more authentic spiritual life. Whether you enter through the gate of **tradition-keeper, mystic, soulfriend** or **change agent**, other gates eventually invite you over their thresholds. Explore this less familiar spiritual territory. Knit together wisdom of sacred traditions with what you know is meaningful to you. Watch the paths that connect the gates emerge into your own unique spiritual map. Ponder what your core Gate suggests about needs for spiritual community, soul friends, service and practices. Wonder which Gate is beckoning you now.

The Four Gates was inspired by a retreat group in Randolph, Vermont in spring of 2011, and draws on the work of Corrine Ware, Peter Richardson, the Enneagram and power equity theory. Facilitator: Joan Smith has served as a spiritual director and retreat leader in Vermont & Maine for 25 years. She currently divides her time between spiritual discernment, retreats and small church ministry, most recently on the islands. An affiliate of the Northeast Guild for Spiritual Formation & graduate of Shalem Institute for Spiritual Formation, and ordained UCC pastor.

\$95 includes retreat, lunch, dinner and snacks
\$50 non-refundable deposit required for reservation
\$40 for overnight lodging & breakfast if requested
Individual sessions available

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